

TO THE LIGHTHOUSE Sarah Bowman



## I (COVER) To the Lighthouse

oil on canvas 90 x 120cms

## 2 Harvest Time oil on board $50 \times 70$ cms

TO THE
LIGHTHOUSE
Sarah Bowman

22 February - 4 March, 2017 at White Space Art, Totnes

then at Stand G7,

Affordable Art Fair

Battersea, 9-12 March, 2017

view exhibition online whitespaceart.com



"One wanted, she thought, dipping her brush deliberately, to be on a level with ordinary experience, to feel simply that's a chair, that's a table, and yet at the same time, It's a miracle, it's an ecstasy."

Virginia Woolf, To the Lighthouse

THESE paintings chart the progress of a continued journey for Sarah as she explores her response to the world around her. In a year when we have witnessed turbulent change, these paintings offer an antidote with their calmness and serenity. There is a focus on the everyday and the ordinary, on the reassurance of familiar objects and nature that surrounds us. Uncertainty in the real world is counterbalanced here by the comfort of complementary colour, composition, light and seasonality. Witness the glow in the sky in *Morning Light*, the recognisable turning of time in *The Glorious Autumn*. While the richness of palette in *The Clock Struck Twelve* and *To the Lighthouse*, for example, display a gentle evolution in style.

A recurring compliment heard in the gallery is "these are optimistic paintings". Sarah imbues her work with freshness and light. How this is achieved is partly subconscious, but she is also aware of the meditative process involved in her muted, abstracted still lifes. Motivated by artists such as Breon O'Casey whose mantra was to keep "taking away", until, in Sarah's words, there is just a "gentle hum, a flickering of colour". A simplicity. This is echoed in the still life window views, where narrative elements such as gardeners and sailors, or inanimate objects like a teapot on the windowsill, hint at an ongoing story. Yet, it is enough just to be there, to lose oneself in the moment, "to be level with ordinary experience".



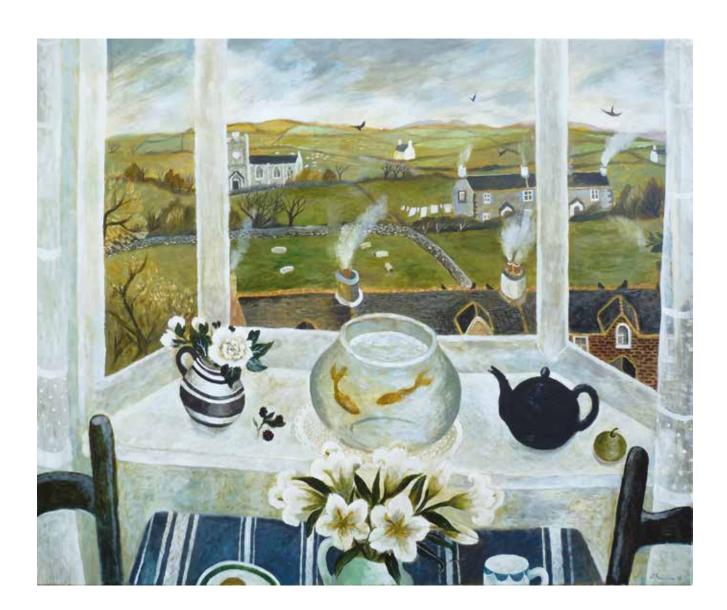


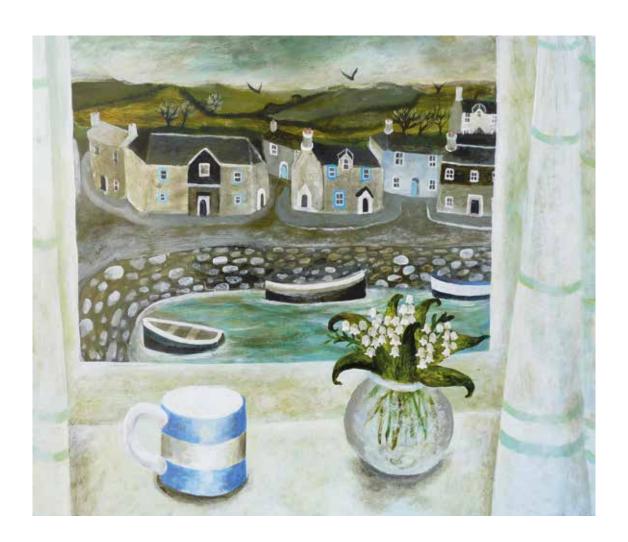
4 Sheltered Harbour oil on board  $57 \times 75$ cms



5 Fish and Chips oil on board 51 x 70cms

Afternoon Tea
oil on canvas 100 x 120cms





**7**Lily of the Valley
Oil on board  $50 \times 60$ cms



8
Tulips, Summer Cove
Oil on board 57 x 66cms



Garden Flowers, Market Jug
oil on board 33 x 46cms



10 Fish Supper oil on board  $50 \times 68 \text{cms}$ 



Across to the Moor
oil on board 53 x 75cms



12
The Glorious Autumn
Oil on board 54 x 81cms

Boating in the Brecons oil on board 57 x 81 cms



Pears on Blue oil on canvas 100 x 120cms





15 Slotted Spoon oil on canvas  $50 \times 70$ cms



16
The Apple Bowl
oil on board 60 × 70cms



17
Three Pears, Two Spoons
oil on canvas 40 x 50cms



18
Five Pears
oil on canvas 80 x 90cms



Pears on Purple
oil on canvas 50 x 60cms



20
Three Oranges
oil on canvas 100 x 120cms



21 Sweetpeas and Cow Parsley oil on board 38 x 45cms



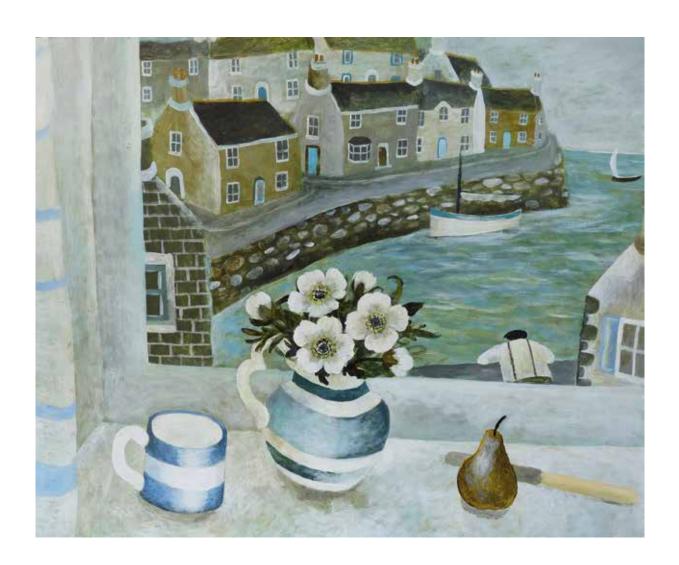
Drawn to the Valley
oil on board 56 x 71 cms



23
Flying Solo
oil on board 35 x 43cms

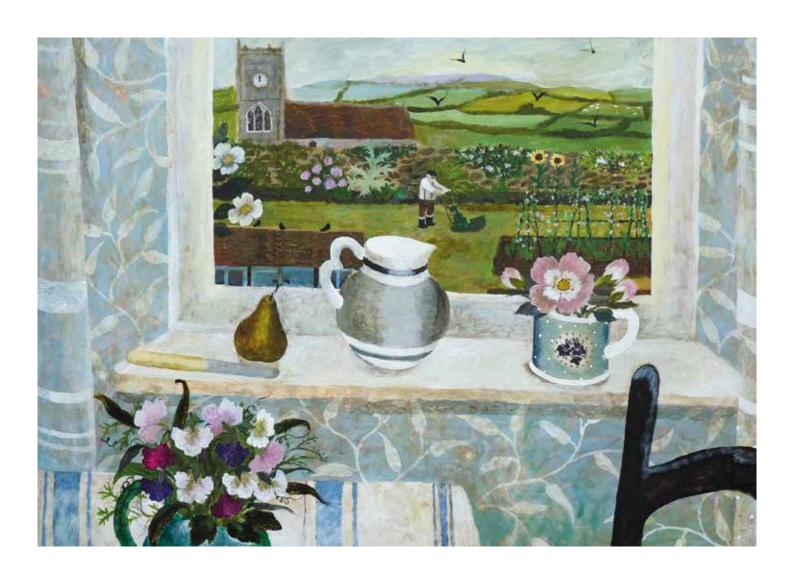


24 Sheep on the Hill oil on board 36 × 38cms

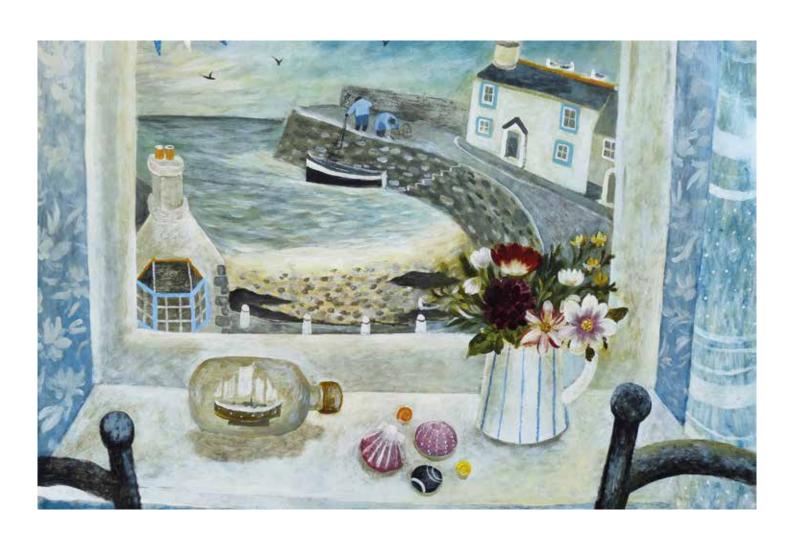


25 Cornish Mug and Pear oil on board 54 x 67cms

The Clock Struck Twelve oil on board 54 x 84cms



The Fishermen oil on board  $52 \times 82$ cms



SARAH BOWMAN		2009	Essentially English Exhibition, Wren Gallery, Burford
Sarah was born in 1975. She grew up in Dorchester and studied at		2008	'Autumn Exhibition' Josie Eastwood, Winchester
Wimbledon and Falmouth. She lives and works in Devon.		2008	Royal West of England Academy Open Painting Exhibition
		2007	'Spring' Josie Eastwood, Winchester
Education		2006	Royal Academy Summer Exhibition
1997	BA Hons Fine Art, Falmouth Art School	2006	Art From Cornwall, New Grafton Gallery, Barnes
		2006-11	Bircham Gallery, Holt
Solo exhibitions		2006-08	Gallery Tresco, Isles of Scilly
2015	The Birds and the Bees and Other Subjects	2005	South West Academy of Fine Art Open Exhibition
	White Space Art	2005	Essentially English Exhibition, Wren Gallery, Burford
2012	The Rite of Spring, White Space Art	2005	Royal Academy Summer Exhibition
2010	Wren Gallery, Burford	2005	Royal West of England Academy Open Painting Exhibition
2010	Ainscough Contemporary Art, Chelsea, London	2004-08	The Wykeham Gallery, Stockbridge, Hampshire
2009	Moments of Being, White Space Art, Totnes	2004-07	Beside The Wave, Falmouth, Cornwall
2008	Wren Gallery, Burford	2004	Easter Exhibition, Wren Gallery, Burford
2008	Ainscough Contemporary Art, Chelsea, London	2003-13	Ainscough Contemporary Art, Chelsea, London
2007	White Space Art, Totnes	2003-	White Space Art, Totnes, Devon
2006	'Room With a View', White Space Art, Totens	2002-06	Pierrepoint Gallery, Bridport, Dorset
2005	Ainscough Contemporary Art, Chelsea, London	2002	Lemon Street Gallery, Truro
2004	'Inside Out' Ainscough Contemporary Art	2002-04	Broadway Modern Gallery, Broadway
1997	Anderson Gallery, Broadway	2001	Corporate Catto, Hampstead
		1998-00	Nexus Galleries, Edinburgh
Two person exhibitions		1998-00	John Davies Gallery, Stow on the Wold
2007	New Grafton, Barnes	1997	Gallery 27, Cork Street, London ('Best of the West')
2006	'Recent Works', Beside The Wave, Falmouth, Cornwall	1996-99	Bank Street Gallery, Seven Oaks
2005	'Coastlines', Beside The Wave, Falmouth, Cornwall	1996-02	Thomas Henry Fine Art, Dorchester and Nantucket, USA
Selected mixed exhibitions		Art Fairs	
2014	Medici Gallery, London	2012-16	20/21 International Art Fair, Royal College of Art
2012-	Summer & Autumn Exhibition, Josie Eastwood	2011	Works on Paper, Kensington
2011-13	Russell Gallery, London	2011-16	Chelsea Art Fair
2011	Autumn Exhibition, Moncrieff Gallery	2011-16	Affordable Art Fair, Hampstead
2011	Summer Exhibition, Bircham Gallery		Art London
2010	Royal West of England Academy Open Painting Exhibition	2008-09	Edinburgh Art Fair
2009	Royal West of England Academy Open Painting Exhibition	2006-	Affordable Art Fair, Bristol
2009	The Glory of the Garden, Moncrieff Bray Gallery, Sussex	2002-	Affordable Art Fair, Battersea



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To the Lighthouse, 22 February - 4 March, 2017

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28
Anemones
oil on board
32 × 32cms

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