



*TO THE LIGHTHOUSE*  
*Sarah Bowman*



# 1 (COVER)

*To the Lighthouse*

oil on canvas 90 x 120cms

2

*Harvest Time*

oil on board 50 x 70cms

*TO THE  
LIGHTHOUSE*

*Sarah Bowman*

*22 February - 4 March, 2017*

*at White Space Art, Totnes*

*then at Stand G7,*

*Affordable Art Fair*

*Battersea, 9-12 March, 2017*

*view exhibition online*

*[whitespaceart.com](http://whitespaceart.com)*



*“One wanted, she thought, dipping her brush deliberately, to be on a level with ordinary experience, to feel simply that’s a chair, that’s a table, and yet at the same time, It’s a miracle, it’s an ecstasy.”*  
*Virginia Woolf, To the Lighthouse*

THESE paintings chart the progress of a continued journey for Sarah as she explores her response to the world around her. In a year when we have witnessed turbulent change, these paintings offer an antidote with their calmness and serenity. There is a focus on the everyday and the ordinary, on the reassurance of familiar objects and nature that surrounds us. Uncertainty in the real world is counterbalanced here by the comfort of complementary colour, composition, light and seasonality. Witness the glow in the sky in *Morning Light*, the recognisable turning of time in *The Glorious Autumn*. While the richness of palette in *The Clock Struck Twelve* and *To the Lighthouse*, for example, display a gentle evolution in style.

A recurring compliment heard in the gallery is “these are optimistic paintings”. Sarah imbues her work with freshness and light. How this is achieved is partly subconscious, but she is also aware of the meditative process involved in her muted, abstracted still lifes. Motivated by artists such as Breon O’Casey whose mantra was to keep “taking away”, until, in Sarah’s words, there is just a “gentle hum, a flickering of colour”. A simplicity. This is echoed in the still life window views, where narrative elements such as gardeners and sailors, or inanimate objects like a teapot on the windowsill, hint at an ongoing story. Yet, it is enough just to be there, to lose oneself in the moment, “to be level with ordinary experience”.



3

*Morning Light*

oil on board 50 x 74cms



4

*Sheltered Harbour*

oil on board 57 x 75cms



5

*Fish and Chips*  
oil on board 51 x 70cms

**6**

*Afternoon Tea*

oil on canvas 100 × 120cms





7

*Lily of the Valley*

Oil on board 50 x 60cms



8

*Tulips, Summer Cove*

Oil on board 57 x 66cms



9

*Garden Flowers, Market Jug*  
oil on board 33 x 46cms



10

*Fish Supper*

oil on board 50 x 68cms



11

*Across to the Moor*

oil on board 53 x 75cms



12

*The Glorious Autumn*

Oil on board 54 x 81 cms

**13**

*Boating in the Brecons*

oil on board 57 x 81 cms



**14**

*Pears on Blue*

oil on canvas 100 x 120cms





15

*Slotted Spoon*

oil on canvas 50 x 70cms



16

*The Apple Bowl*

oil on board 60 x 70cms



17

*Three Pears, Two Spoons*  
oil on canvas 40 x 50cms



18

*Five Pears*

oil on canvas 80 x 90cms



19

*Pears on Purple*

oil on canvas 50 x 60cms



20

*Three Oranges*

oil on canvas 100 x 120cms



21

*Sweetpeas and Cow Parsley*  
oil on board 38 x 45cms



22

*Drawn to the Valley*

oil on board 56 x 71 cms



**23**  
*Flying Solo*  
 oil on board 35 × 43cms



**24**  
*Sheep on the Hill*  
 oil on board 36 × 38cms



25

*Cornish Mug and Pear*  
oil on board 54 x 67cms

**26**

*The Clock Struck Twelve*

oil on board 54 x 84cms



**27**

*The Fishermen*

oil on board 52 x 82cms



## S A R A H B O W M A N

Sarah was born in 1975. She grew up in Dorchester and studied at Wimbledon and Falmouth. She lives and works in Devon.

### Education

1997 BA Hons Fine Art, Falmouth Art School

### Solo exhibitions

2015 The Birds and the Bees and Other Subjects  
White Space Art  
2012 The Rite of Spring, White Space Art  
2010 Wren Gallery, Burford  
2010 Ainscough Contemporary Art, Chelsea, London  
2009 Moments of Being, White Space Art, Totnes  
2008 Wren Gallery, Burford  
2008 Ainscough Contemporary Art, Chelsea, London  
2007 White Space Art, Totnes  
2006 'Room With a View', White Space Art, Totnes  
2005 Ainscough Contemporary Art, Chelsea, London  
2004 'Inside Out' Ainscough Contemporary Art  
1997 Anderson Gallery, Broadway

### Two person exhibitions

2007 New Grafton, Barnes  
2006 'Recent Works', Beside The Wave, Falmouth, Cornwall  
2005 'Coastlines', Beside The Wave, Falmouth, Cornwall

### Selected mixed exhibitions

2014 Medici Gallery, London  
2012- Summer & Autumn Exhibition, Josie Eastwood  
2011-13 Russell Gallery, London  
2011 Autumn Exhibition, Moncrieff Gallery  
2011 Summer Exhibition, Bircham Gallery  
2010 Royal West of England Academy Open Painting Exhibition  
2009 Royal West of England Academy Open Painting Exhibition  
2009 The Glory of the Garden, Moncrieff Bray Gallery, Sussex

2009 Essentially English Exhibition, Wren Gallery, Burford  
2008 'Autumn Exhibition' Josie Eastwood, Winchester  
2008 Royal West of England Academy Open Painting Exhibition  
2007 'Spring' Josie Eastwood, Winchester  
2006 Royal Academy Summer Exhibition  
2006 Art From Cornwall, New Grafton Gallery, Barnes  
2006-11 Bircham Gallery, Holt  
2006-08 Gallery Tresco, Isles of Scilly  
2005 South West Academy of Fine Art Open Exhibition  
2005 Essentially English Exhibition, Wren Gallery, Burford  
2005 Royal Academy Summer Exhibition  
2005 Royal West of England Academy Open Painting Exhibition  
2004-08 The Wykeham Gallery, Stockbridge, Hampshire  
2004-07 Beside The Wave, Falmouth, Cornwall  
2004 Easter Exhibition, Wren Gallery, Burford  
2003-13 Ainscough Contemporary Art, Chelsea, London  
2003- White Space Art, Totnes, Devon  
2002-06 Pierrepont Gallery, Bridport, Dorset  
2002 Lemon Street Gallery, Truro  
2002-04 Broadway Modern Gallery, Broadway  
2001 Corporate Catto, Hampstead  
1998-00 Nexus Galleries, Edinburgh  
1998-00 John Davies Gallery, Stow on the Wold  
1997 Gallery 27, Cork Street, London ('Best of the West')  
1996-99 Bank Street Gallery, Seven Oaks  
1996-02 Thomas Henry Fine Art, Dorchester and Nantucket, USA

### Art Fairs

2012-16 20/21 International Art Fair, Royal College of Art  
2011 Works on Paper, Kensington  
2011-16 Chelsea Art Fair  
2011-16 Affordable Art Fair, Hampstead  
2007-09 Art London  
2008-09 Edinburgh Art Fair  
2006- Affordable Art Fair, Bristol  
2002- Affordable Art Fair, Battersea



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28

*Anemones*  
oil on board  
32 x 32cms

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